

NATIVITY OF OUR LORD
STEWARDSHIP HANDBOOK



PRAYER & FAITH

NATIVITY OF OUR LORD PARISH & SCHOOL
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EUCCHARISTIC ADORATION AT NATIVITY

IN THE CHURCH:

EVERY THURSDAY

12:00–6:00 pm

WITH SOLEMN HOLY HOUR

5:00–6:00 pm with Confession and Vespers

Benediction: 5:55 pm

IN THE CHAPEL:

Open for walk-ins

MONDAY–FRIDAY

8:00 am–5:00 pm

PERPETUAL ADORATION

We are working toward our goal of perpetual adoration, 24 hours a day, seven days a week. Please, visit www.nool.us to find the adoration sign up link, or scan the **QR** code to view available hours and to sign up for adoration.



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O Lord,

Who in the Nativity of your Son revealed to the world your infinite generosity, grant that we too, who were made in your image and likeness, may be moved by a similar generosity and so experience the fullness of the joy you have prepared for us. We ask this through Jesus Christ Our Lord, Amen.

Mary,

Mother of the Church,
Pray for us.

St. Joseph,

Patron of the Church,
Pray for us.

OUR FATHER

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

APOSTLES' CREED

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

HAIL MARY

Hail Mary, full of grace, the Lord is with thee; blessed are thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen.

GLORY BE

Glory be to the Father, to the Son, and to the Holy Spirit; as it was in the beginning, is now, and ever shall be, world without end. Amen.

ANGEL OF GOD

Angel of God, my guardian dear, to whom God's love commits me here, ever this day be at my side, to light and guard, to rule and guide. Amen.

HAIL HOLY QUEEN

Hail, holy Queen, Mother of Mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile show onto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

Pray for us, O holy Mother of God, That we may be made worthy of the promises of Christ. Amen.

SALVE, REGINA (HAIL HOLY QUEEN LATIN)

*Salve, Regina, Mater misericordiae,
vita, dulcedo, et spes nostra, salve.
ad te clamamus
exsules filii Evae,
ad te suspiramus, gementes et flentes
in hac lacrimarum valle.*

*Eia, ergo, advocata nostra, illos tuos
misericordes oculos ad nos converte;
et Iesum, benedictum fructum ventris tui,
nobis post hoc exsilium ostende.
O clemens, O pia, O dulcis Virgo Maria.*

MAGNIFICAT

My soul proclaims the greatness of the Lord, my spirit rejoices in God my Savior for he has looked with favor on his lowly servant. From this day all generations will call me blessed: the Almighty has done great things for me, and holy is his Name. He has mercy on those who fear him in every generation. He has shown the strength of his arm, he has scattered the proud in their conceit. He has cast down the mighty from their thrones, and has lifted up the lowly. He has filled the hungry with good things, and the rich he has sent away empty. He has come to the help of his servant Israel for he remembered his promise of mercy, the promise he made to our fathers, to Abraham and his children forever. Amen.

THE ANGELUS

- Leader** The angel of the Lord declared unto Mary,
All And she conceived by the Holy Spirit.
- L.** Behold the handmaid of the Lord;
All Be it done to me according to Thy word.
- L.** And the Word was made flesh
All And dwells among us.
- L.** Hail Mary...
All Holy Mary
- L.** Pray for us, O holy Mother of God
All That we may be made worthy of the promises of Christ.
- L.** Let us pray: Pour forth, we beseech Thee, O Lord, Thy grace into our hearts, that we to whom the incarnation of Christ, Thy Son, was made known by the message of an angel, may by His passion and cross be brought to the glory of His resurrection. Through Christ our Lord.
All Amen.

MEMORARE – ENGLISH

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided. Inspired by this confidence, I fly unto thee, O Virgin of virgins, my mother; to thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

MEMORARE – LATIN

Memorare, piissima Virgo Maria, a saeculo non esse auditum, quemquam ad tua currentem praesidia, tua implorantem auxilia, tua petentem suffragia, esse derelictum. Ego tali animatus confidentia, ad te, Virgo Virginum, Mater, curro,

ad te venio, coram te gemens peccator assisto. Noli, Mater Verbi, verba mea despiciere; sed audi propitia et exaudi. Amen.

VENI SANCTE SPIRITUS - LATIN AND ENGLISH

Veni Sancte Spiritus. *Come Holy Spirit.*
Veni per Mariam. *Come through Mary.*

PRAYER TO THE HOLY SPIRIT

- L.** Come, Holy Spirit, fill the hearts of your faithful.
All And kindle in them the fire of your love.
- L.** Send forth your Spirit and they shall be created.
All And you shall renew the face of the earth.

PRAYER FOR PEACE

St. Francis of Assisi

Lord, make me an instrument of your peace. Where there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; and where there is sadness, joy. Grant that I may not so much seek to be consoled as to console, to be understood as to understand, to be loved as to love. For it is in giving that we receive, it is in pardoning that we are pardoned, And it is in dying that we are born to eternal life. Amen.

REGINA CAELI – LATIN

- L.* Regina caeli, laetare, alleluia.
All Quia quem meruisti portare, alleluia.
- L.* Resurrexit, sicut dixit, alleluia.
All Ora pro nobis Deum, alleluia.
- L.* Gaude et laetare, Virgo Maria, alleluia.
All Quia surrexit Dominus vere, alleluia.
- L.* Oremus: Deus, qui per resurrectionem Filii tui, Domini nostri Iesu Christi, mundum laetificare dignatus es: praesta, quaesumus; ut per eius Genetricem Virginem Mariam, perpetuae capiamus gaudia vitae. Per eundem Christum Dominum nostrum. Amen.

REGINA CAELI – ENGLISH

- L.* Queen of Heaven, rejoice, alleluia.
All For He whom you did merit to bear, alleluia.
- L.* Has risen, as he said, alleluia.
All Pray for us to God, alleluia.
- L.* Rejoice and be glad, O Virgin Mary, alleluia.
All For the Lord has truly risen, alleluia.
- L.* Let us pray: O God, who gave joy to the world through the resurrection of Thy Son, our Lord Jesus Christ, grant we beseech Thee, that through the intercession of the Virgin Mary, His Mother, we may obtain the joys of everlasting life. Through the same Christ our Lord. Amen.

ANIMA CHRISTI

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within Your wounds, hide me.
Separated from You, let me never be.
From the evil one, protect me.
At the hour of my death, call me.
And close to You, bid me.
That with Your saints I may be Praising You,
forever and ever. Amen.

PRAYER FOR THE HEART OF A CHILD

Leonce de Grandmaison

Holy Mary, Mother of God, preserve in me the heart of a child, pure and clean like spring water; a simple heart that does not remain absorbed in its own sadness; a loving heart that freely gives with compassion; a faithful and generous heart that neither forgets good nor feels bitterness for any evil. Give me a sweet and humble heart that loves without asking to be loved in return, happy to lose itself in the heart of others, sacrificing itself in front of your Divine Son; a great and unconquerable heart which no ingratitude can close and no indifference can tire; a heart tormented by the glory of Christ, pierced by his love with a wound that will not heal until heaven. Amen.

MORNING OFFERING

O Jesus, through the Immaculate Heart of Mary, I offer you my prayers, works, joys and sufferings of this day for all the intentions of your Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, for the salvation of souls, the reparation for sins, the reunion of all Christians and in particular for the intentions of the Holy Father this month. Amen.

GRACE BEFORE MEALS

Bless us, O Lord, and these thy gifts, which we are about to receive from thy bounty. Through Christ our Lord. Amen.

GRACE AFTER MEALS

We give thee thanks, for all thy benefits, Almighty God, who live and reign for ever. And may the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

PRAYER TO ST. MICHAEL THE ARCHANGEL

St. Michael the Archangel, defend us in battle, be our protection against the wickedness and snares of the Devil. May God rebuke him, we humbly pray. And do thou, O Prince of the Heavenly Host, by the Power of God, cast into hell Satan and all evil spirits who prowl about the world seeking the ruin of souls. Amen.

PRAYER TO ST. JOSEPH

O blessed Joseph, faithful guardian of my Redeemer, Jesus Christ, protector of thy chaste spouse, the virgin Mother of God, I choose thee this day to be my special patron and advocate and I firmly resolve to honor thee all the days of my life. Therefore I humbly beseech thee to receive me as thy client, to instruct me in every doubt, to comfort me in every affliction, to obtain for me and for all the knowledge and love of the Heart of Jesus, and finally to defend and protect me at the hour of my death. Amen.

PRAYING FOR THE DEPARTED

God of infinite mercy, we entrust to your immense goodness all those who have left this world for eternity, where you wait for all humanity, redeemed by the precious blood of Christ your Son, who dies as a ransom for our sins. Look not, O Lord, on our poverty, our suffering, our human weakness, when we appear before you to be judged for joy or for condemnation. Look upon us with mercy, born of the tenderness of your heart, and help us to walk in the ways to complete purification. ... We entrust to you, O Lord, the souls of our beloved dead, of those who have died. ... Lord, may no earthly thing ever separate us from You, but may everyone and everything support us with a burning desire to rest peacefully and eternally in You. Amen.

SPIRITUAL COMMUNION

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

PENTECOST SEQUENCE

Holy Spirit, Lord of light,
From Thy clear celestial height
Thy pure beaming radiance give.
Come, Thou Father of the poor,
Come with treasures which endure,
Come, Thou Light of all that live.
Thou, of all consolers best,
Thou, the soul's delightful Guest,
Dost refreshing peace bestow.
Thou in toil art comfort sweet,
Pleasant coolness in the heat,
Solace in the midst of woe.
Light immortal, Light divine,
Visit Thou these hearts of Thine,
And our inmost being fill.
If Thou take Thy grace away,
Nothing pure in man will stay;
All his good is turned to ill.
Heal our wounds; our strength renew;
On our dryness pour Thy dew;
Wash the stains of guilt away.
Bend the stubborn heart and will;
Melt the frozen, warm the chill;
Guide the steps that go astray.
Thou, on those who evermore
Thee confess and Thee adore,
In Thy sevenfold gifts descend:
Give them comfort when they die,
Give them life with Thee on high;
Give them joys that never end.
Amen. Alleluia.

LITANY OF HUMILITY

O Jesus! meek and humble of heart,
hear me.

From the desire of being esteemed,
deliver me, O Jesus.
From the desire of being loved,
deliver me, O Jesus.
From the desire of being extolled,
deliver me, O Jesus.
From the desire of being honored,

deliver me, O Jesus.
From the desire of being praised,
deliver me, O Jesus.
From the desire of being preferred to others,
deliver me, O Jesus.
From the desire of being consulted,
deliver me, O Jesus.
From the desire of being approved,
deliver me, O Jesus.
From the fear of being humiliated,
deliver me, O Jesus.
From the fear of being despised,
deliver me, O Jesus.
From the fear of suffering rebukes,
deliver me, O Jesus.
From the fear of being calumniated,
deliver me, O Jesus.
From the fear of being forgotten,
deliver me, O Jesus.
From the fear of being ridiculed,
deliver me, O Jesus.
From the fear of being wronged,
deliver me, O Jesus.
From the fear of being suspected,
deliver me, O Jesus.

That others may be loved more than I,
Jesus, grant me the grace to desire it.
That others may be esteemed more than I,
Jesus, grant me the grace to desire it.
That, in the opinion of the world, others may
increase and I may decrease,
Jesus, grant me the grace to desire it.
That others may be chosen and I set aside,
Jesus, grant me the grace to desire it.
That others may be praised and I unnoticed,
Jesus, grant me the grace to desire it.
That others may be preferred to me in
everything,
Jesus, grant me the grace to desire it.
That others may become holier than I, provided
that I may become as holy as I should,
Jesus, grant me the grace to desire it.

THE ROSARY

PRAYING THE ROSARY

Fr. Luigi Giussani

The Holy Rosary, the most widely adopted of all the prayers that popular tradition has handed down to us, has through the generations hallowed the most humble aspects of the life of Our Lady. When we recite it, it is as if the figure of Mary impresses itself upon us in her simplest and most intimate features. But as I recommend to you to live out the Rosary with a particular awareness of who Our Lady is in the life of man and the world, I am guided above all by something that impressed itself upon me with great power when I was traveling in the Holy Land. What stunned me most and struck my spirit into stillness—seized as I was with wonder—was when I saw the little surviving house-grotto where Our Lady dwelt, and I read a simple sign on which was written: *Verbum caro hic factum est*—Here the Word was made flesh. I felt turned to stone by this unforeseen fingerprint of God and His ways, who has taken upon Himself nothingness, nothingness itself.

HOW TO PRAY THE ROSARY

1. Make the Sign of the Cross and say the Apostles' Creed.
2. Say one Our Father.
3. Say three Hail Marys.
4. Say the Glory Be.
5. Name the first mystery, and then say the Our Father.
6. Say ten Hail Marys.
7. Say the Glory Be and the Fatima prayer.
8. Name the second mystery and repeat for all the five mysteries.
9. Say the Hail Holy Queen and the concluding prayers.

DAYS ON WHICH THE MYSTERIES ARE RECITED

Joyful:

Mondays, Saturdays, Sundays during Advent

Luminous:

Thursdays

Sorrowful:

Tuesdays, Fridays, Sundays during Lent

Glorious:

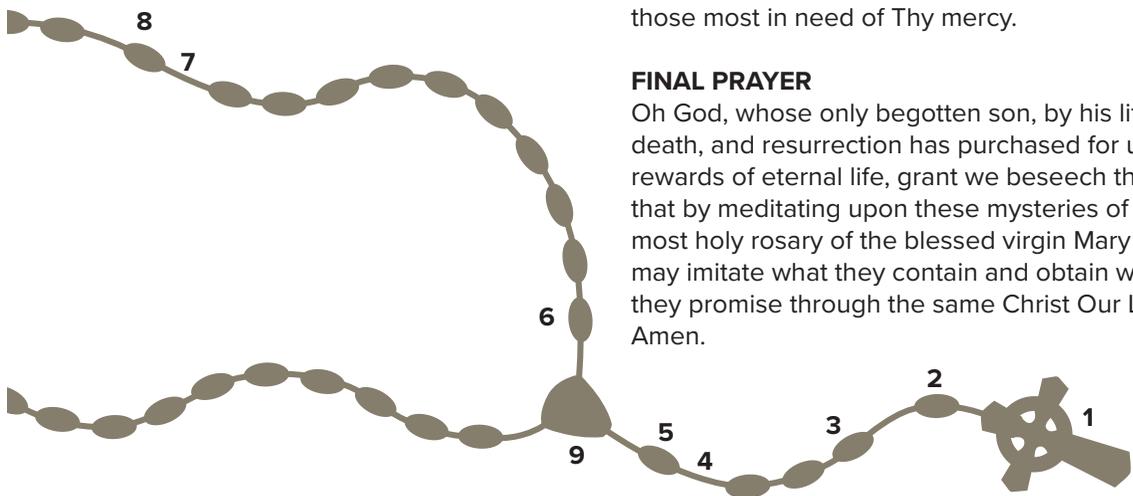
Wednesdays, Sundays outside Advent and Lent

FATIMA PRAYER

O My Jesus, forgive us our sins, save us from the fires of Hell, lead all souls to Heaven, especially those most in need of Thy mercy.

FINAL PRAYER

Oh God, whose only begotten son, by his life, death, and resurrection has purchased for us the rewards of eternal life, grant we beseech thee that by meditating upon these mysteries of the most holy rosary of the blessed virgin Mary we may imitate what they contain and obtain what they promise through the same Christ Our Lord. Amen.



LITANY OF LORETO

Lord have mercy. Lord have mercy.
Christ have mercy. Christ have mercy.
Lord have mercy. Lord have mercy.
Christ, hear us. Christ, hear us.
Christ, graciously hear us.
 Christ, graciously hear us.

God the Father of heaven, have mercy on us.
God the Son, Redeemer of the world,
 have mercy on us.
God the Holy Spirit, have mercy on us.
Holy Trinity, one God, have mercy on us.

Holy Mary, pray for us.
Holy Mother of God, pray for us.
Holy Virgin of virgins, pray for us.
Mother of Christ, pray for us.
Mother of the Church, pray for us.
Mother of divine grace, pray for us.
Mother most pure, pray for us.
Mother most chaste, pray for us.
Mother ever-virgin, pray for us.
Mother immaculate, pray for us.
Mother worthy of love, pray for us.
Mother admirable, pray for us.
Mother of good counsel, pray for us.
Mother of the Creator, pray for us.
Mother of the Savior, pray for us.
Mother of mercy, pray for us.
Virgin prudent, pray for us.
Virgin worthy of honor, pray for us.
Virgin worthy of praise, pray for us.
Virgin powerful, pray for us.
Virgin mild, pray for us.
Virgin faithful, pray for us.
Mirror of perfection, pray for us.
Seat of Wisdom, pray for us.
Source of our joy, pray for us.
Temple of the Holy Spirit, pray for us.
Tabernacle of eternal glory, pray for us.
Hallowed dwelling place of God, pray for us.
Mystic rose, pray for us.
Tower of the holy city of David, pray for us.
Insuperable fortress, pray for us.

Sanctuary of the divine presence, pray for us.
Ark of the covenant, pray for us.
Gate of heaven, Morning star, pray for us.
Health of the sick, pray for us.
Refuge of sinners, pray for us.
Consoler of the afflicted, pray for us.
Help of Christians, pray for us.
Queen of the angels, pray for us.
Queen of patriarchs, pray for us.
Queen of prophets, pray for us.
Queen of apostles, pray for us.
Queen of martyrs, pray for us.
Queen of those who confess the faith, pray for us.
Queen of virgins, pray for us.
Queen of all the Saints, pray for us.
Queen conceived without sin, pray for us.
Queen assumed into heaven, pray for us.
Queen of the Rosary, pray for us.
Queen of the family, pray for us.
Queen of peace, pray for us.

Lamb of God, who takes away the sins of the world,
 spare us, O Lord.
Lamb of God, who takes away the sins of the world,
 graciously hear us, O Lord.
Lamb of God, who takes away the sins of the world,
 have mercy on us.
Pray for us, O holy Mother of God,
 that we may be made worthy of the promises
 of Christ.

THE CHAPLET OF DIVINE MERCY

The prayers of the Chaplet of Divine Mercy can be divided into three main themes:

- To ask for and obtain the mercy of God
- To trust in Christ’s abundant mercy
- To show mercy to others and act as a channel for God’s mercy

1. Make the Sign of the Cross.

2. Say the optional opening prayer:

You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world.

O Fount of Life, unfathomable Divine Mercy, envelop the whole world and empty Yourself out upon us.

O Blood and Water, which gushed forth from the Heart of Jesus as a fount of mercy for us, I trust in You! (3x)

3. Say the “Our Father.”

4. Say the “Hail Mary.”

5. Say the Apostle’s Creed.

6. Say the “Eternal Father.”

Eternal Father, I offer you the Body and Blood, Soul and Divinity of Your dearly beloved Son, Our Lord Jesus Christ, in atonement for our sins and those of the whole world.

7. On all 10 Hail Mary beads, say:

For the sake of His sorrowful Passion, have mercy on us and on the whole world.

8. Repeat for four more decades, saying:

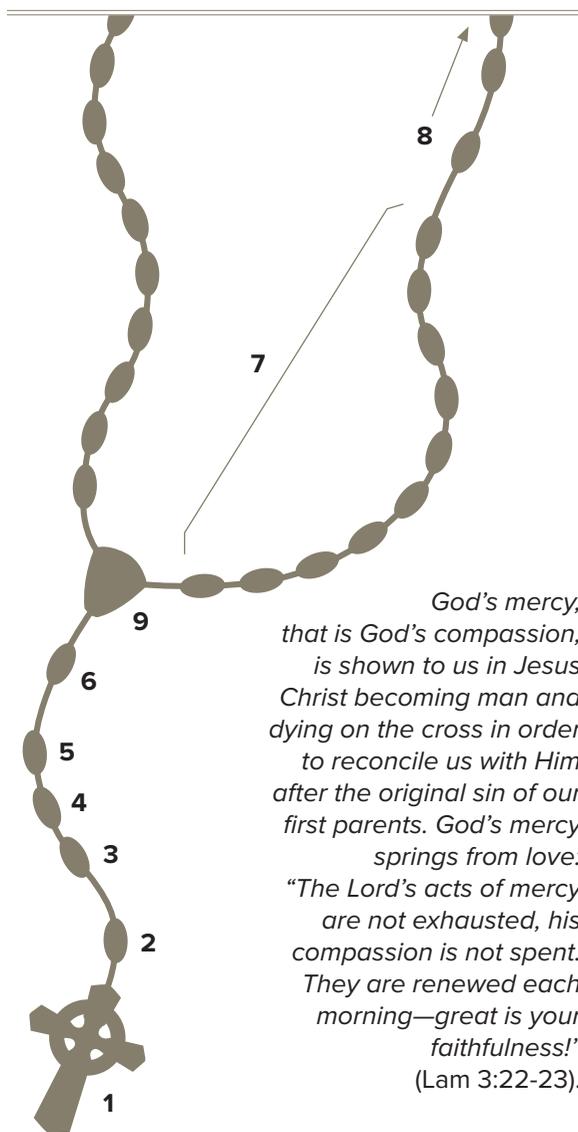
“Eternal Father” on the Our Father bead and then 10 “For the sake...” on the following Hail Mary beads.

9. At the conclusion of the five decades, on the medallion, say:

Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world. (3x)

10. Say the optional closing prayer:

Eternal God, in whom mercy is endless and the treasury of compassion inexhaustible, look kindly upon us and increase Your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to Your holy will, which is Love and Mercy itself.



God’s mercy, that is God’s compassion, is shown to us in Jesus Christ becoming man and dying on the cross in order to reconcile us with Him after the original sin of our first parents. God’s mercy springs from love: “The Lord’s acts of mercy are not exhausted, his compassion is not spent. They are renewed each morning—great is your faithfulness!” (Lam 3:22-23).

CATHOLIC MENTAL PRAYER

Catholic Mental Prayer, also called Catholic meditation, is a form of silent prayer that is the next level advanced from vocal prayer. It is not Eastern Mysticism or any such thing. It is instead a lifting of the heart and mind to God. All the saints practiced it. St. Alphonsus Liguori said: “Every saint became a saint through Mental Prayer.”

Do your Mental Prayer in a completely quiet room or church to block out distractions. Your mind may jump around everywhere to worries, tasks you need to do, or fears, but you simply train it back to your topic of meditation. For beginners, ten to fifteen minutes of meditation per day is a good starting point.

HOW TO DO MENTAL PRAYER

Prepare:

Place yourself in God’s presence and pray for the grace to meditate.

Begin the meditation:

Reflect on particular subject, some truth of God or the Faith. Subjects to meditate on include:

The beauty of Heaven

The horror of hell

God’s omnipotence (He is all powerful)

His omniscience (He is all knowing)

Christ’s Passion and death

The goodness of God

The witness of the saints

God’s indwelling presence in your soul

Examine yourself in relation to this truth and think of how you can improve in this aspect.

Allow affections like sorrow for sin, hope in God, and love to arise in your heart from considering the subject of your meditation.

Offer petitions in your heart to God: for people in your life, for yourself, your family, your enemies, for the Church, and so on.

Resolve to conquer your main vice or grow in a needed virtue.

Conclude:

Thank God for the graces He gave you.

DAILY EXAMEN

The Daily Examen is a technique of prayerful reflection on the events of the day in order to detect God's presence and discern his direction for us. The Examen is an ancient practice in the Church that can help us see God's hand at work in our whole experience.

The method presented here is adapted from a technique described by Ignatius Loyola in his *Spiritual Exercises*. St. Ignatius thought that the Examen was a gift that came directly from God, and that God wanted it to be shared as widely as possible. One of the few rules of prayer that Ignatius made for the Jesuit order was the requirement that Jesuits practice the Examen twice daily—at noon and at the end of the day. It's a habit that Jesuits, and many other Christians, practice to this day.

This is a version of the five-step Daily Examen that St. Ignatius practiced:

1. Become aware of God's presence.
2. Review the day with gratitude.
3. Pay attention to your emotions.
4. Choose one feature of the day and pray from it.
5. Look toward tomorrow.

SUBJECTS TO MEDITATE ON

What should you meditate on? Here are subjects for meditation to get you started: the beauty of Heaven, the horror of hell, God's omnipotence (all powerful), His omniscience (all knowing), Christ's Passion and death (think of the Sorrowful mysteries of the Rosary), the goodness of God, the witness of the saints, God's indwelling presence in your soul.

LECTIO DIVINA

Lectio Divina ("divine reading") is a way of becoming immersed in the Scriptures very personally. Before following the steps listed below, choose a short excerpt from Scripture upon which to reflect. A good place to start is with the daily or Sunday Gospel reading.

1. Lectio (Read)

Read through your Scripture passage. Read at a steady pace, and let it soak in. Take a moment with the Scripture before you move on to the next step.

2. Meditatio (Reflect)

Read through your Scripture passage a second time. This time, listen carefully for any words, phrases, or images that seem to stand out to you. Let this be your focus as you consider what God might be trying to show you. Try not to over-analyze the passage, but instead remain open to God's voice and where He is guiding you.

3. Oratio (Respond)

Read the passage a third time and respond to what you think God is saying. Imagine having a conversation with God, or write down your thoughts in a journal. Ask God to show you what He wants you to take from this passage. This could lead you to offer thanks, ask forgiveness, or simply talk with God about what the passage brought to your heart.

4. Contemplatio (Rest)

Read the passage a fourth and final time. Spend some time (around 10 minutes is a good starting point) in silent contemplation. Rest with God, aware of His presence. Prayerfully allow God to work in the silence.

NOVENA OF SURRENDER TO JESUS CHRIST

Fr. Scott Surrency OFM Cap. April 20, 2020

Being a good Catholic Christian requires more than simply professing a set of beliefs, and adhering to certain principles and values, and following certain rules. We must also enter into and cultivate a deeply and truly personal relationship—a genuine friendship—with Jesus Christ and allow ourselves to be transformed by His love. Everything about our Catholic Faith, from the Sacraments to devotion to the Blessed Virgin and the saints to the sacramentals, everything is meant to lead us closer to Jesus and to experience ever more intensely His presence—and therefore the presence of the Most Holy Trinity, since where one Person of the Trinity is there the other two are as well – in the depths of our hearts and souls. It is, of course, impossible to have any kind of meaningful relationship or genuine friendship with someone who does not allow us to be who we are (and vice versa), and so one of the greatest obstacles to growing in our relationship with the Lord is our desire to be in control of our own lives, our refusal to let God be God, our inability to trust in Him completely, to surrender to Him unreservedly, to abandon ourselves unconditionally to His will.

Trust, surrender, abandonment, submission to the will of God—this is the great challenge of the spiritual life, something we can do with the help of His grace, something that takes a lifetime – which is why we must pray, pray, and pray. To this end, I share with you today the Novena of Surrender by the Servant of God Dolindo Ruotolo

(1882-1970), a parish priest from Naples, Italy, who lived a life of tremendous suffering and who came to experience deep intimacy with Jesus, his beloved friend and Lord. Dedicating himself to penance and prayer and offering himself as a victim soul, he never refused to help those in need, and he was especially concerned about their eternal salvation. His Novena of Surrender is comprised of words that he heard Jesus address to him interiorly, the message of which is just as applicable and pertinent to us today, fifty years after his death.

Through the intercession and after the example of the Blessed Virgin Mary, St. Joseph, St. Francis of Assisi, and the Servant of God Fr. Dolindo Ruotolo, may we come to surrender more and more, day by day, to the most holy will of our loving and merciful Lord and thereby experience His friendship in ways that are always surprising and new.

***Words of Our Lord to Servant of God,
Don Dolindo Ruotolo (1882-1970)***

DAY 1

Why do you confuse yourselves by worrying? Leave the care of your affairs to me and everything will be peaceful. I say to you in truth that every act of true, blind, complete surrender to me produces the effect that you desire and resolves all difficult situations.

O Jesus, I surrender myself to you, take care of everything! (10x)

Mother Mary, I am yours now and forever. Through you and with you I always want to belong completely to Jesus.

DAY 2

Surrender to me does not mean to fret, to be upset, or to lose hope, nor does it mean offering to me a worried prayer asking me to follow you and change your worry into prayer. It is against

this surrender, deeply against it, to worry, to be nervous, and to desire to think about the consequences of anything. It is like the confusion that children feel when they ask their mother to see to their needs, and then try to take care of those needs for themselves so that their childlike efforts get in their mother's way. Surrender means to placidly close the eyes of the soul, to turn away from thoughts of tribulation and to put yourself in my care so that only I act, saying, You take care of it.

O Jesus, I surrender myself to you, take care of everything! (10x)

Mother Mary, I am yours now and forever. Through you and with you I always want to belong completely to Jesus.

DAY 3

How many things I do when the soul, in so much spiritual and material need, turns to me, looks at me, and says to me; You take care of it, then close its eyes and rests. In pain you pray for me to act, but that I act in the way you want. You do not turn to me; instead, you want me to adapt to your ideas. You are not sick people who ask the doctor to cure you, but rather sick people who tell the doctor how to. So do not act this way, but pray as I taught you in the Our Father: Hallowed be thy Name, that is, be glorified in my need. Thy kingdom come, that is, let all that is in us and in the world be in accord with your kingdom. Thy will be done, on Earth as it is in Heaven, that is, in our need, decide as you see fit for our temporal and eternal life. If you say to me truly, Thy will be done, which is the same as saying, You take care of it, I will intervene with all my omnipotence, and I will resolve the most difficult situations.

O Jesus, I surrender myself to you, take care of everything! (10x)

Mother Mary, I am yours now and forever. Through you and with you I always want to belong completely to Jesus.

DAY 4

You see evil growing instead of weakening? Do not worry. Close your eyes and say to me with faith: Thy will be done, You take care of it. I say to you that I will take care of it, and that I will intervene as does a doctor and I will accomplish miracles when they are needed. Do you see that the sick person is getting worse? Do not be upset, but close your eyes and say, You take care of it. I say to you that I will take care of it, and that there is no medicine more powerful than my loving intervention. By my love, I promise this to you.

O Jesus, I surrender myself to you, take care of everything! (10x)

Mother Mary, I am yours now and forever. Through you and with you I always want to belong completely to Jesus.

DAY 5

And when I must lead you on a path different from the one you see, I will prepare you; I will carry you in my arms; I will let you find yourself, like children who have fallen asleep in their mother's arms, on the other bank of the river. What troubles you and hurts you immensely are your reason, your thoughts and worry, and your desire at all costs to deal with what afflicts you.

O Jesus, I surrender myself to you, take care of everything! (10x)

Mother Mary, I am yours now and forever. Through you and with you I always want to belong completely to Jesus.

DAY 6

You are sleepless; you want to judge everything, direct everything and see to everything and you surrender to human strength, or worse – to men themselves, trusting in their intervention —this is what hinders my words and my views. Oh, how much I wish from you this surrender, to help you

and how I suffer when I see you so agitated! Satan tries to do exactly this: to agitate you and to remove you from my protection and to throw you into the jaws of human initiative. So, trust only in me, rest in me, surrender to me in everything.

O Jesus, I surrender myself to you, take care of everything! (10x)

Mother Mary, I am yours now and forever. Through you and with you I always want to belong completely to Jesus.

DAY 7

I perform miracles in proportion to your full surrender to me and to your not thinking of yourselves. I sow treasure troves of graces when you are in the deepest poverty. No person of reason, no thinker, has ever performed miracles, not even among the saints. He does divine works whosoever surrenders to God. So don't think about it anymore, because your mind is acute and for you it is very hard to see evil and to trust in me and to not think of yourself. Do this for all your needs, do this all of you and you will see great continual silent miracles. I will take care of things, I promise this to you.

O Jesus, I surrender myself to you, take care of everything! (10x)

Mother Mary, I am yours now and forever. Through you and with you I always want to belong completely to Jesus.

DAY 8

Close your eyes and let yourself be carried away on the flowing current of my grace; close your eyes and do not think of the present, turning your thoughts away from the future just as you would from temptation. Repose in me, believing in my goodness, and I promise you by my love that if you say, You take care of it, I will take care of it all; I will console you, liberate you and guide you.

O Jesus, I surrender myself to you, take care of everything! (10x)

Mother Mary, I am yours now and forever. Through you and with you I always want to belong completely to Jesus.

DAY 9

Pray always in readiness to surrender, and you will receive from it great peace and great rewards, even when I confer on you the grace of immolation, of repentance, and of love. Then what does suffering matter? It seems impossible to you? Close your eyes and say with all your soul, Jesus, you take care of it. Do not be afraid, I will take care of things and you will bless my name by humbling yourself. A thousand prayers cannot equal one single act of surrender, remember this well. There is no novena more effective than this:

O Jesus, I surrender myself to you, take care of everything! (10x)

Mother Mary, I am yours now and forever. Through you and with you I always want to belong completely to Jesus.



For more novenas, go to:
praymorenovenas.com

EUCCHARISTIC ADORATION AND THE HOLY HOUR

O SALUTARIS HOSTIA

O Salutaris Hostia,
Quae caeli pandis ostium:
Bella premunt hostilia,
Da robur, fer auxilium.

Uni trinoque Domino
Sit sempiterna gloria,
Qui vitam sine termino
Nobis donet in patria.
Amen.

O saving Victim, opening wide
The gate of Heaven to man below;
Our foes press hard on every side;
Thine aid supply; thy strength bestow.

To thy great name be endless praise,
Immortal Godhead, One in Three.
Oh, grant us endless length of days,
In our true native land with thee.
Amen.

TANTUM ERGO SACRAMENTUM

Tantum ergo Sacramentum
Veneremur cernui:
Et antiquum documentum
Novo cedat ritui:
Praestet fides supplementum
Sensuum defectui.

Genitori, Genitoque
Laus et jubilatio,
Salus, honor, virtus quoque
Sit et benedictio:
Procedenti ab utroque
Compar sit laudatio. Amen.

Down in adoration falling,
Lo! the sacred Host we hail,
Lo! oe'r ancient forms departing
Newer rites of grace prevail;
Faith for all defects supplying,
Where the feeble senses fail.

To the everlasting Father,
And the Son Who reigns on high
With the Holy Spirit proceeding
Forth from each eternally,
Be salvation, honor, blessing,
Might and endless majesty.
Amen.

THE DIVINE PRAISES

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true man.

Blessed be the name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood.

Blessed be Jesus in the Most Holy Sacrament
of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God,
Mary most holy.

Blessed be her holy and Immaculate
Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be Saint Joseph, her most chaste
spouse.

Blessed be God in His angels and in His saints.

TE DEUM

Holy God, we praise Thy Name;
Lord of all, we bow before thee!
All on earth thy scepter claim,
all in heaven above adore thee;
infinite thy vast domain,
everlasting is thy reign.

Hark! the loud celestial hymn
angel choirs above are raising,
cherubim and seraphim,
in unceasing chorus praising;
fill the heavens with sweet accord:
Holy, holy, holy, Lord.

Lo! the apostolic train
join the sacred Name to hallow;
prophets swell the loud refrain,
and the white robed martyrs follow;
and from morn to set of sun,
through the Church the song goes on.

Holy Father, Holy Son,
Holy Spirit, Three we name thee;
while in essence only One,
undivided God we claim thee;
and adoring bend the knee,
while we own the mystery.

EXAMINATION OF CONSCIENCE FOR ADULTS & TEENS

The Fathers Of Mercy

www.fathersofmercy.com

Imprimi Potest: Very Rev. David M. Wilton, CPM;

Superior General of the Fathers of Mercy;

February 11, 2020; Our Lady of Lourdes

THE TEN COMMANDMENTS

- I. I am the Lord Thy God. Thou shall not have strange gods before Me.
- II. Thou shall not take the Name of the Lord thy God in vain.
- III. Remember to keep holy the Lord's Day.
- IV. Honor thy father and thy mother.
- V. Thou shall not kill.
- VI. Thou shall not commit adultery.
- VII. Thou shall not steal.
- VIII. Thou shall not bear false witness.
- IX. Thou shall not covet thy neighbor's wife.
- X. Thou shall not covet thy neighbor's goods.

THE TWO GREATEST COMMANDMENTS

- I. You shall love the Lord your God with your whole heart, with your whole soul and with all your mind.
- II. You shall love your neighbor as yourself.

THE PRECEPTS OF THE CHURCH

1. You shall attend Mass on Sundays and on Holy Days of Obligation and rest from servile labor.
2. You shall confess your sins at least once a year.

3. You shall receive the Sacrament of the Eucharist at least during the Easter Season.
4. You shall observe the days of fasting and abstinence established by the Church.
5. You shall help to provide for the needs of the Church.

PRAYER BEFORE CONFESSION

Come, Holy Spirit, enlighten my mind that I may clearly know my sins. Move my heart that I may be sincerely sorry for them, honestly confess them and firmly resolve to amend my life. Spirit of Wisdom, grant me to see the malice of sin and my ingratitude toward You, the all-loving God. Spirit of Fortitude, help me to make whatever sacrifice is needed to avoid sin in the future. Amen.

EXAMINATION OF CONSCIENCE

- Did I deny or doubt God's existence?
Did I refuse to believe God's revelation?
Did I believe in (or use) horoscopes, fortune telling, good luck charms, tarot cards, Ouija boards or reincarnation?
Did I deny that I was a Catholic?
Did I abandon the Catholic Faith for any period of time?
Did I despair of or presume on God's mercy?
Did I neglect prayer for a long time?
Did I fail to pray daily?
Did I blaspheme God or take God's Name in vain, curse or break an oath or vow?
Did I miss Mass on a Sunday or on a Holy Day of Obligation through my own fault?
Am I always reverent in the presence of the Most Blessed Sacrament?
Was I voluntarily inattentive at Mass?
Did I arrive at Mass late through my own fault?
Did I leave Mass early?
Did I do unnecessary servile work on Sunday?
Did I disobey or disrespect my parents or legitimate superiors?
Did I neglect my duties to my husband, wife,

children or parents?

Did I fail to actively take an interest in the religious education and formation of my children?

Have I failed to educate myself concerning the teachings of the Church?

Did I give a full day's work in return for a full day's pay?

Did I give a fair wage to my employee(s)?

Did I give scandal by what I said or did, especially to the young?

Did I contribute to anyone's abandoning of the Catholic Faith?

Was I impatient, angry, envious, unkind, proud, jealous, revengeful, hateful toward others or lazy?

Did I give bad example, abuse drugs, drink alcohol to excess, fight or quarrel?

Did I physically injure or kill anyone?

Have I had an abortion, or advised or supported an abortion?

Did I participate in or approve of the grave evil known as "mercy killing," euthanasia or doctor assisted suicide?

Did I attempt suicide or physically harm myself?

Did I willfully entertain impure thoughts and desires?

Did I dress immodestly or provocatively?

Did I use impure or suggestive words?

Did I tell impure stories or listen to them?

Did I deliberately look at impure television, Internet, plays, pictures or movies?

Did I deliberately read or send impure material?

Did I perform impure acts by myself (masturbation) or with another (adultery, fornication or sodomy)?

Did I marry or advise another to marry outside of the Church?

Did I abuse my marriage rights?

Was I unfaithful to my marriage vows?

Have I kept company with someone else's spouse?

Did I practice artificial birth control or was I or my spouse permanently sterilized (tubal ligation or vasectomy)?

Did I steal, cheat, help or encourage others to steal, cheat, or keep stolen goods?

Have I made restitution for stolen goods?

Did I deliberately fail to fulfill my contracts or to pay my bills? Did I give or accept bribes?

Did I rashly gamble or speculate or deprive my family of the necessities of life?

Did I tell lies? Deliberately in order to deceive or injure others? (slander or calumny)

Did I commit perjury?

Did I vote in accordance with a properly informed conscience, in a way consistent with the teachings of the Church, in regard to the sanctity of marriage and of human life issues?

Was I uncharitable in thought, word or deed?

Did I gossip or reveal the faults or sins of others? (detraction)

Did I fail to keep secrets that I should have kept?

Did I eat meat knowingly on the Fridays during Lent or on Ash Wednesday? (Ages 14+)

Did I fast as required on Ash Wednesday and Good Friday? (Ages 18-59)

Did I fail to receive Holy Communion during the Easter Season?

Did I fail to confess my sins at least once a year?

Did I receive Holy Communion in the state of mortal sin?

Did I receive Holy Communion without fasting for one hour or more from food and drink? (water and medicine are permitted)

Did I make a bad Confession by deliberately not telling all the mortal sins I had committed?

Did I fail to contribute to the support of the Church?

Have I forgiven those who have hurt or harmed me or my loved ones?

THE SEVEN CAPITAL SINS

1. **Pride:** Preoccupation with one's own excellence or misery.
2. **Avarice/Greed:** Disordered desire for possessions; setting our hearts on material things; selfishness.
3. **Lust:** Disordered desire for or inordinate enjoyment of sexual pleasure.
4. **Anger:** Uncontrolled emotion which results in desire for revenge; holding resentment.
5. **Gluttony:** The inordinate use of created goods, especially food and drink—that put the pleasures of the body over the goods of the soul.
6. **Envy:** Sadness at the good of another.
7. **Sloth:** Bodily or Spiritual laziness or neglect.

SINS AGAINST THE THEOLOGICAL VIRTUES

1. Presumption on God's Mercy.
2. Despair of God's Mercy.
3. Resisting and/or Attacking the known truth.
4. Envy at another's spiritual good.
5. Obstinacy in sin.
6. Final impenitence (refusal to repent).

SINS CRYING TO HEAVEN

1. Willful murder.
2. Sodomy.
3. Oppression of the poor.
4. Defrauding laborers of their wages.

BEING AN ACCESSORY TO ANOTHER'S SIN

1. By counsel.
2. By command.

3. By consent.
4. By provocation.
5. By praise or flattery.
6. By concealment.
7. By partaking.
8. By silence.
9. By defense of the sinful action.

THE WORKS OF THE FLESH

Galatians 5:19-21

Immorality, impurity, licentiousness, idolatry, sorcery, hatreds, rivalry, jealousy, outbursts of fury, acts of selfishness, dissensions, factions, occasions of envy, drinking bouts, orgies.

THE SEVEN CAPITAL VIRTUES

1. **Humility:** Acknowledgment of truth about God, oneself and others.
2. **Generosity:** Doing actions for the benefit of others; selflessness.
3. **Chastity:** Proper integration of sexuality within the human person according to the mind of God and one's state in life.
4. **Meekness:** Gentleness of spirit that gives power of self-possession; governs anger.
5. **Temperance:** Moderation of the desire for pleasure.
6. **Brotherly Love:** Desire for the true good of one's neighbor, which leads one to act rightly toward him.
7. **Diligence:** Consistency in doing what is right.

THE THEOLOGICAL VIRTUES

Faith, Hope, Charity

THE CARDINAL VIRTUES

Prudence, Justice, Temperance, Fortitude

THE CORPORAL WORKS OF MERCY

To feed the hungry, give drink to the thirsty, clothe the naked, visit the imprisoned, shelter the homeless, visit the sick and bury the dead.

THE SPIRITUAL WORKS OF MERCY

To admonish the sinner, instruct the ignorant, counsel the doubtful, comfort the sorrowful, bear wrongs patiently, forgive all injuries and pray for the living and the dead.

THE GIFTS OF THE HOLY SPIRIT

Wisdom, Understanding, Counsel, Fortitude, Knowledge, Piety, and Fear of the Lord.

THE FRUITS OF THE HOLY SPIRIT

Galatians 5:22-23

Charity, Joy, Peace, Patience, Kindness, Goodness, Generosity, Gentleness, Faithfulness, Modesty, Self-Control and Chastity.

THE EVANGELICAL COUNSELS

Chastity, Poverty and Obedience

THREE EMINENT GOOD WORKS TO OVERCOME OUR SINFULNESS

Prayer, Fasting and Almsgiving

THE BEATITUDES

1. Blessed are the poor in spirit; for theirs is the Kingdom of Heaven.
2. Blessed are the meek; for they shall possess the land.
3. Blessed are they that mourn; for they shall be comforted.

4. Blessed are they that hunger and thirst for justice; for they shall be satisfied.
5. Blessed are the merciful; for they shall obtain mercy.
6. Blessed are the pure of heart; for they shall see God.
7. Blessed are the peacemakers; for they shall be called the children of God.
8. Blessed are they that suffer persecution for justice's sake; for theirs is the Kingdom of Heaven.
9. Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward will be great in heaven.



For more Examinations of Conscience, go to the USCCB website by following the **QR** code.

You will find Examinations for children, single people, married people, and more!

EXAMINATION OF CONSCIENCE FOR CHILDREN

Begin your examination with a simple prayer to the Holy Spirit and a minute of silence: “Come, Holy Spirit.”

Then, take some time to consider the sinful things you have done and the good things you have failed to do since your last Reconciliation:

1. I am the Lord your God. You shall not have strange gods before me.

- Have I made things or money more important than God?
- Have I made an idol of celebrities or sports figures?
- Do I love God above all things?
- Have I prayed often?

2. You shall not take the name of the Lord, your God, in vain.

- Have I used God’s name carelessly?
- Have I used God’s name in anger?
- Have I spoken of God kindly and with respect?

3. Remember to keep holy the Lord’s Day.

- Has my behavior made it difficult or impossible for my parents to make it to church on time?
- Have I behaved poorly at Mass?
- Have I attended Mass on Sundays?
- Have I paid attention during Mass?

4. Honor your father and mother.

- Have I disobeyed my parents?
- Have I been disrespectful to my teachers, coaches, or others in authority?
- Have I told and shown my parents how much I love them?
- Have I done my chores without being reminded and without complaining?

5. You shall not kill.

- Have I held grudges and tried to get even with others?
- Have I been unfair to others?
- Have I told and shown my parents how much I love them?
- Have I done my chores without being reminded and without complaining?

6. You shall not commit adultery.

- Have I avoided harmful things?
- Have I shown respect for my body?
- Have I respected others’ bodies?

7. You shall not steal.

- Have I taken something that belongs to someone else?
- Have I “forgotten” to return something I borrowed?
- Have I used money responsibly?

8. You shall not bear false witness against your neighbor.

- Have I been honest or have I lied?
- Have I hurt someone by what I have said or done?
- Have I cheated at schoolwork or when playing games?

9. You shall not covet your neighbor’s wife.

- Have I been jealous of the friends someone else has?
- Have I wanted the best for others?

10. You shall not covet your neighbor’s goods.

- Have I been jealous of the things others have?
- Have I nagged my parents into buying things?

PRAYER BEFORE RECONCILIATION

Come, Holy Spirit. Help me to have a good confession.

PRAYER AFTER RECONCILIATION

Thank you God, for the graces you have given me during this confession, and thank you for your total forgiveness.

HOW TO GO TO CONFESSION

HOW TO GO TO CONFESSION

1. The priest will greet you.
2. You (the penitent) say: “Bless me, Father, for I have sinned.” You then say how long it has been since your last Confession.
3. Tell the priest your sins simply and forthrightly (if mortal sin, give kind and approximate number).
4. The priest will give you some advice and will assign you a penance.
5. You will next pray the Act of Contrition (see prayer below).
6. The priest then gives you absolution.
7. The priest will then say: “Give thanks to the Lord, for He is good.”
8. You respond: “His mercy endures forever.” The priest will then dismiss you.
9. You then carry out the assigned penance.

ACT OF CONTRITION

O my God, I am heartily sorry for having offended Thee and I detest all my sins because I dread the loss of Heaven and the pains of hell. But most of all, because they offend Thee, my God, Who art all good and deserving of all my love. I firmly resolve, with the help of Thy grace, to confess my sins, to do penance and to amend my life. Amen.

PRAYER AFTER CONFESSION

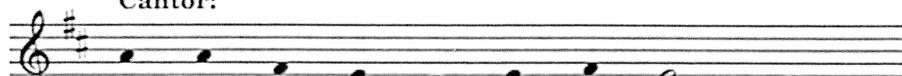
Almighty and Merciful God, Whose mercy is boundless and everlasting and of Whose goodness the riches are infinite, I thank You because You have so graciously pardoned all my sins and restored Your Heavenly favor. I am awed by Your divine compassion and the incomprehensible love of Your Son, which has led Him to institute so gentle and powerful a remedy for sins. In union with all the gratitude that has ever ascended to You from truly penitent hearts, I proclaim Your merciful praises on behalf of all in Heaven, on earth and in purgatory, for ever and ever. Amen.



To watch the video “Making a Good Confession” by Fr. Mike Schmitz, follow the **QR** code.

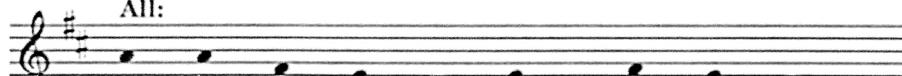
GLORIA

Cantor:

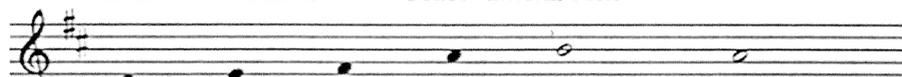


(8) Glo - ri - a in ex - cel - sis De - o.
Glory in the Highest to God.

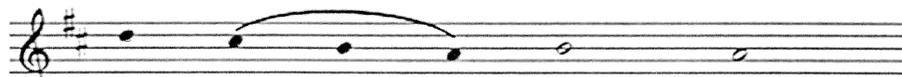
All:



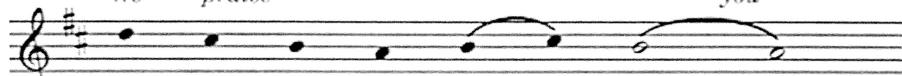
(8) Et in ter - ra pax ho - mi - ni - bus
And on Earth peace among Men



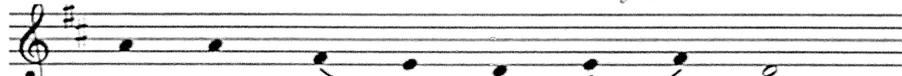
(8) bo - nae vo - lun - ta - tis.
of good will



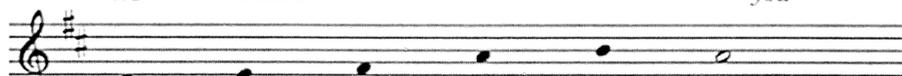
(8) Lau - da - mus te.
We praise you



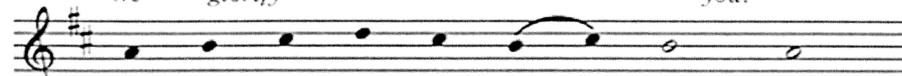
(8) Be - ne - di - ci - mus te.
We Bless you



(8) A - do - ra - mus te.
We Adore you



(8) Glo - ri - fi - ca - mus te.
We glorify you.



(8) Gra - ti - as a - gi - mus ti - bi
We thank you



(8) pro - pter ma - gnam glo - ri - am tu - am.
For your great glory.

Do - mi - ne De - us, Rex cae - le - stis,
Lord God, Heavenly King

De - us Pa - ter o - mni - po tens.
God Father Almighty

Do - mi - ne Fi - li u - ni - ge - ni - te,
Lord, only begotten Son,

Je - su Chri - ste.
Jesus Christ.

Do - mi - ne De - us, A - gnus De - i,
Lord God, Lamb of God,

Fi - li - us Pa - tris.
Son of the Father.

Qui tol - lis pec - ca - ta mun - di,
You take away the sins of the world,

mi - se - re re no bis.
have mercy on us.

Qui tol - is pec - ca - ta mun - di,
You take away the sins of the world,

sus-ci-pe de-pre-ca-ti-o-nem no-stram.
accept our prayers.

Qui se-des ad dex-te-ram Pa-tris,
You are at the right hand of the Father,

mi-se-re-re no-bis.
have mercy on us.

Quo-ni-am tu so-lus san-ctus.
For you alone are holy.

Tu so-lus Do-mi-nus.
You alone are Lord

Tu so-lus Al-tis-si-mus,
You alone are The Most High,

Je-su Chri-ste.
Jesus Christ.

Cum San-cto Spi-ri-tu,
With the Holy Spirit,

in glo-ri-a De-i Pa-tris.
in the glory of God The Father.

A - - - men.

SANCTUS AND BENEDICTUS

Cantor: **All:**

San - ctus, San - ctus, San - ctus_

Translation: Holy, Holy, Holy

4

Do - mi - nus De - us_ Sa - ba - oth.

Lord God of Hosts

5

Ple - ni__ sunt cae - li et__ ter - ra__

Heaven and Earth are full

6

glo - ri - a__ tu - a. Ho - san - na_ in ex - cel - sis_

of your Glory. Ho - sanna - in the Highest.

8

Be - ne - di - ctus qui ve - nit__

Blessed is He who comes

9

in no - mi - ne Do - mi - ni. Ho - san - na_

in the name of The Lord. Hosanna

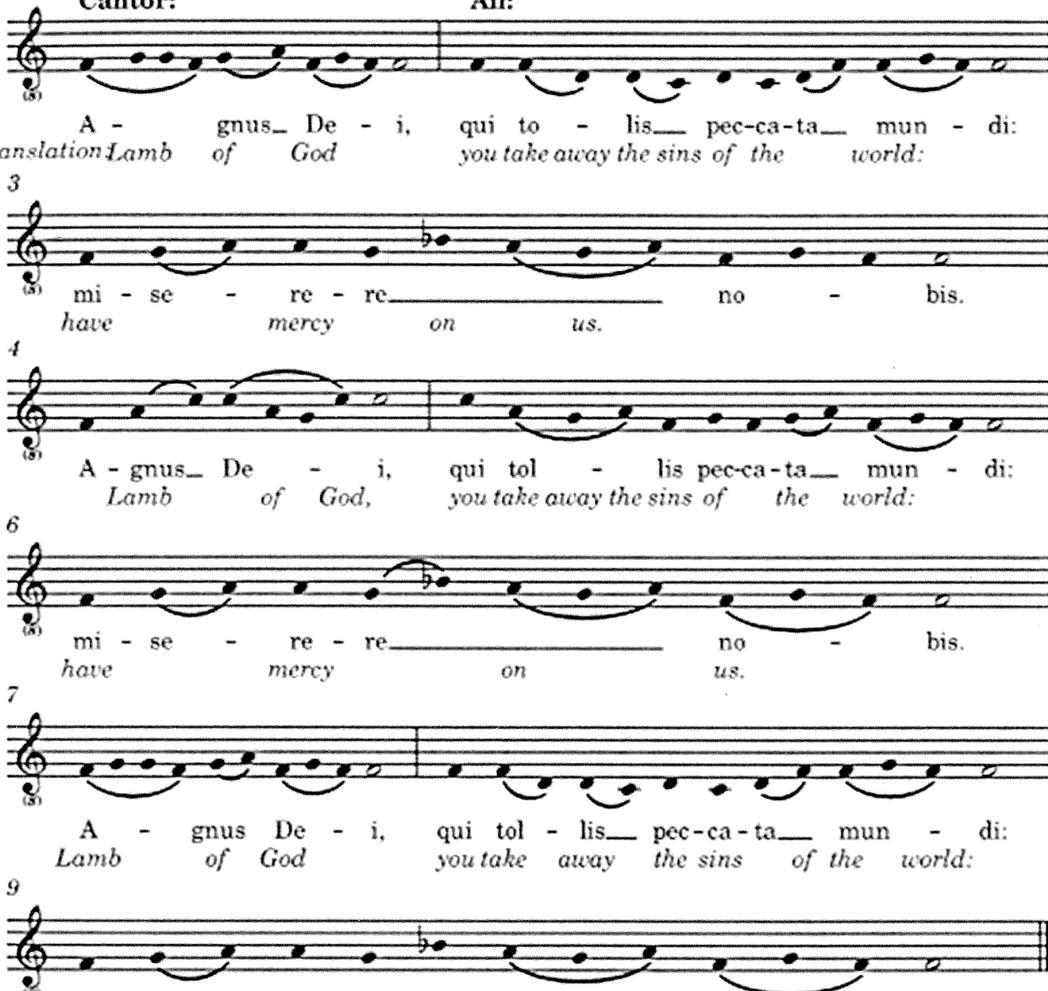
11

in__ ex - cel - sis__

in The Highest.

AGNUS DEI

Cantor: **All:**



A - gnus De - i, qui to - lis pec-ca-ta mun - di:
Translation Lamb of God you take away the sins of the world:

3
mi - se - re - re no - bis.
have mercy on us.

4
A - gnus De - i, qui tol - lis pec-ca-ta mun - di:
Lamb of God, you take away the sins of the world:

6
mi - se - re - re no - bis.
have mercy on us.

7
A - gnus De - i, qui tol - lis pec-ca-ta mun - di:
Lamb of God you take away the sins of the world:

9
do - na no - bis pa - cem.
grant us peace.

PRAYER MINISTRIES

We invite you to participate in the following prayer ministry opportunities at Nativity:

ADORATION CHAPEL

Eucharistic Adoration

“The best, the surest, and most effective way to establish peace on the face of the earth is through the great power of Perpetual Adoration of the Blessed Sacrament” (St. John Paul II). Sign up for a weekly hour or drop in on Monday through Friday between 8:00 am and 5:00 pm.

Contact:

Joanne Farver and Kristen Hamill
adoration@nool.us

Flocknote: nool.flocknote.com/adoration

CHRISTIAN UNITY

Promoting Christian Ecumenism through Prayer

The Christian Unity group seeks to promote and practice unity among Christians, just as Jesus prayed: “that they may all be one” (John 17:21). We organize prayer events, hold interdenominational worship moments, and distribute personal devotional material related to Christian Unity.

Contact:

Nick Bradley, astrobradley@gmail.com

Flocknote: nool.flocknote.com/cu

LITURGY OF THE HOURS

Daily Morning Prayer and Thursday Evening Prayer

The Liturgy of the Hours is the prayer of the Catholic Church that marks and sanctifies the hours of each day. Join us in the church every day at 7:35 am for Morning Prayer and Thursdays at 5:00 pm for Evening Prayer.

Contact:

Marylou Sivigliano, m.sivigliano@nool.us

PRAYER IN THE SQUARE

Local Prayer Gatherings

In North Midway Park at the corner of Midway and Kohl in Broomfield, we pray a Rosary and Divine Mercy Chaplet for God’s love, mercy and peace for our country, for an end to the persecution of Christians worldwide, and for the sanctity of all human life.

Contact:

Eloise and Philip Georgen, eegptg@msn.com

Flocknote: nool.flocknote.com/life

PRAYER LINE

Sustaining the Prayer Life of the Individual and the Community

Our mission is to develop and sustain our own prayer lives and to bear the burdens of members of our parish community and beyond through intercessory prayer.

Contact:

Joanne Farver, joannefarver@comcast.net

Flocknote: nool.flocknote.com/pl

“KNOW YOUR FAITH” MINISTRIES

ROSARY FOR LIFE

Saturday Morning Rosary for an End to Abortion

Join us on Saturday mornings at 8:50 am in the church to pray a rosary to our dear Blessed Mother for an end to abortion and for the protection of all human life, especially the unborn.

Contact:

Linda Kent, 2lkent5@comcast.net

SUNDAY 11 AM ROSARY

Weekly Rosary

Please join fellow parishioners in praying the rosary before the 11:30 am Sunday Mass in front of the tabernacle for your personal intentions, our Church and parish, all religious, and for peace in our country and the world.

Contact:

Patty and George Ketchel,
gakretired@yahoo.com

Flocknote: nool.flocknote.com/s11r

The following are ministry opportunities at Nativity through which we invite you to deepen your understanding of the Catholic faith:

CATECHESIS OF THE GOOD SHEPHERD (CGS) ***Hands-on Catechesis for Early Catholic Learning***

CGS is a program through which children ages 3-9 are assisted in developing values of contemplation and enjoyment of God. We offer a hands-on approach to experiential learning centered on the Catholic faith.

Contact:

Diane Irby, d.irby@nool.us

NATIVITY: FAITH & REASON CATHOLIC SCHOOL ***Catholic Education for Grades Preschool through Eight***

Nativity School is a family of learners in the Catholic tradition, partnering with parents to build a community of faith and academic excellence. Our mission is to form saints and scholars who impact our world with gospel values.

Contact:

Sebastian Calvino, s.calvino@nool.us

FAITH FORMATION CLASSES (RE) ***Catholic Classes for Grades 1-5***

Enroll your child in R.E. classes! Classes run throughout the school year on Tuesday and Wednesday evenings. Our curriculum is centered on a biblical understanding of salvation history.

Contact:

Diane Irby, d.irby@nool.us

Flocknote: nool.flocknote.com/re

SACRAMENTAL PREPARATION:

RESTORED ORDER SACRAMENTS

First Penance, Confirmation, Eucharist

Contact:

Diane Irby, d.irby@nool.us

RCIA & RCIC

The Rite of Christian Initiation for Adults and Children

Contact:

Beverly Ketchel, b.ketchel@nool.us

BAPTISM

Contact:

Bridget Fross, b.fross@nool.us

THE SACRAMENT OF MARRIAGE

Contact:

Roberta Hebert, r.hebert@nool.us

BIBLE STUDIES:

Weekly Study Groups

Are you interested in meeting other parishioners and growing in your faith? Nativity offers a number of different Bible Study opportunities. Our Video Bible Studies discuss various books of the Bible, and our Tuesday Bible Study covers a variety of topics.

Contact:

Video Bible Study

Theresa Cooley, cooleyricktherese@msn.com

Steve Moser, svmoser55@gmail.com

Flocknote: nool.flocknote.com/vbs7

Tuesday Bible Study

Cyndi Beckingham, dcbeckingham@msn.com

Flocknote: nool.flocknote.com/tbs

MEN'S RETREAT

Annual Men's Retreat

Nativity's annual men's retreat is held during Lent. The retreat offers men the opportunity to get away from the "world" and listen to God's voice through structured talks, prayer, and discussion.

Contact:

Bob Patton, robertlpatton@comcast.net

Flocknote: nool.flocknote.com/mretrt

ENDOW

Educating on the Nature and Dignity of Women

ENDOW is a group study that focuses on women saints and documents of the church that highlight our role as women in the church.

Contact:

Ilene DuBey, i.dubey@nool.us

Flocknote: nool.flocknote.com/endow

NFP

Natural Family Planning

NFP classes help couples learn a beautiful way to live out the church's teaching on sexuality that is safe, healthy, holy, and effective!

Contact:

Kristen Hamill, kristenmaryhamill@gmail.com

“SHARE YOUR FAITH” MINISTRIES

The following ministries offer ways to share your faith with others here at Nativity:

GS-HIGH SCHOOL YOUTH

Student Group for High Schoolers

As the beginning of our experience of adulthood, high school is an important time in our lives. In high school, we learn to think critically and judge the value of our experiences for ourselves. The GS-High School Youth group gathers on Sunday nights at the Frassati House. Together we eat dinner, play games, and meet with the priests and sisters.

Contact:

Cathy Schaffer, c.schaffer@nool.us

Flocknote: nool.flocknote.com/hs

NATIVITY DAYS

Yearly Parish Festival

Attend or volunteer for the annual Nativity Days! At Nativity Days, we celebrate the vibrancy of our parish community with games, family activities, and food for an entire weekend.

Contact:

Diane Irby, d.irby@nool.us

NATIVITY NIGHTS

Seasonal Parish Celebrations

Parish celebration centered around adoration, confession, and fellowship.

Contact:

Beverly Ketchel, b.ketchel@nool.us

VENTURERS OF THE STAR

Middle School Youth

Our middle school youth group, Venturers of the Star is open to all sixth through eighth graders and is led by Fr. Accu. We meet weekly during the school year to play games, sing, and share our lives together.

Contact:

Fr. Accursio Ciaccio, a.ciaccio@nool.us

Flocknote: nool.flocknote.com/vs

CATHOLIC YOUNG ADULT GROUP

For college graduates and young adults

Our Young Adult Group is a proposal for recent college graduates and young adults to live and grow in the Catholic faith through friendship, charity, and cultural discussions.

Contact:

Fr. John Roderick, j.roderick@nool.us

FAMILIES OF JOHN PAUL II

For families walking together the journey of life

In this group, small groups of families (5-8 couples) are accompanied by priests and religious sisters as they learn together, gain a deeper understanding of marriage, and seek accountability.

Contact:

Beverly Ketchel, b.ketchel@nool.us

Flocknote: nool.flocknote.com/jpii

FIAT! (FRIENDSHIP IN ALL TIMES)

Women and Mother's Group

FIAT! connects women, especially mothers with younger children, in faith and friendship while deepening our Catholic beliefs and serving others. Childcare is provided for a small fee.

Contact:

Anne Gray, abcgray@hotmail.com

Rachel Bradley, rbradley810@gmail.com

Flocknote: nool.flocknote.com/fiat

HOMESCHOOL COMMUNITY

Fellowship for Homeschool Families

During the school year, we offer different events for increased fellowship and support among Nativity's homeschool families.

Contact:

Denise Fritz, denise.fritz@gmail.com

Flocknote: nool.flocknote.com/nhsc

MEN OF EMMAUS

Men's Group

Men of Emmaus is a group of men who gather and assist each other on our faith journey. The upcoming Sunday readings are the core of our conversation, allowing us to discuss how our Catholic faith informs and directs us.

Contact:

Leo Albiniak, leo.albiniak@gmail.com

Flocknote: nool.flocknote.com/moe

MEN'S BASKETBALL

Pick-up Basketball Group

We play every Sunday from 4:00-6:00pm. It is open to all men over the age of 18. Please bring a white and black shirt. Suggested donation is \$3.

Contact:

Sebastian Calvino, s.calvino@gmail.com

Flocknote: nool.flocknote.com/bball

MEN'S SOFTBALL

Two Men's Softball Teams

For over 30 years, Nativity has sponsored two men's softball teams. The twelve-game schedule starts in May and ends in July, with games played on Sunday nights at Community Park in Broomfield.

Contact:

Don Clark, dmc121485@hotmail.com

Flocknote: nool.flocknote.com/sball

NATIVITY WIDOWS

Social Group for Widows

Nativity Widows is a social organization established for widows with a brunch every other month to get acquainted with each other.

Contact:

Mary Baylie, nanab1935@comcast.net

NEW SPRINGTIME CHARISMATIC GATHERING

Pray in the spirit, pray from the heart

This is a place to grow in sanctity and in intimacy with the Holy Spirit, as sons and daughters of the Father, using the charismatic gifts for the building up of the Church, and responding to the call to boldly witness to the Kingdom of God.

Contact:

Hugh Masterson, hughjmasterson@gmail.com

SPANISH PRAYER GROUP

Grupo de oración en Español

El grupo de oración en Español se junta semanalmente en Nativity. ¡Todos son bienvenidos!

Contact:

Miguel Garcia, 720-320-1245

ST. JOSEPH'S MEN'S GROUP

Men's Group

St. Joseph's focuses on faith formation and fellowship for the men of Nativity. We seek to provide education and discussion to enlighten and enliven the Catholic spirit, and strengthen the men and families at Nativity.

Contact:

Carlos Ocampo and Steve Peixoto,
catholicmensgroup@nool.us

Flocknote: nool.flocknote.com/stjoes

WOMEN'S GUILD

Promoting Fellowship and Service Opportunities for Women of the Parish

Our goal is to promote fellowship among the women of the parish by affording them the opportunity to gather monthly for a common purpose. There are several committees under the Guild, which provide specific services.

Contact:

Nicki Battista, paul.battista@comcast.net

Flocknote: nool.flocknote.com/wg

AMERICAN HERITAGE GIRLS

Premiere Scouting Group for Girls

American Heritage Girls is the premiere Christian scouting group for girls. AHG builds women of integrity through service to God, family, community, and country.

Contact:

Ilene DuBey, i.dubey@nool.us

Flocknote: nool.flocknote.com/ahg

BOY SCOUTS

Scouting Group for Boys

Open to all boys from sixth grade to 18 years old. We offer the chance for boys to develop into leaders through positive mentoring and activities that will expand their knowledge, develop new skills, and help them be dedicated citizens.

Contact:

Joe Denfeld, joedenfeld@comcast.net

COMMUNION AND LIBERATION

Lay Ecclesial Movement

CL is a lay ecclesial movement which forms its members in Christianity to make them coworkers in the Church's mission in all areas of society.

Contact:

Lucas Fernandez,
lfernandez@humanadventurecorp.org

COMMUNION AND LIBERATION UNIVERSITY STUDENTS (CLU)

A group for college students and recent high school graduates who share life with others and understand what faith has to do with our daily lives. We meet regularly each week to discuss our experiences with the help of the writings of Fr. Luigi Giussani.

Contact:

Elijah Salem,
starreality25@gmail.com

CUB SCOUTS PACK 766

Scouting Group for Boys in Grades 1-5

We allow your son to have fun in a group of like-minded boys, to learn about the world around him with a focus on personal character development, and to be a part of his community.

Contact:

Joe Denfeld, joedenfeld@comcast.net

Flocknote: nool.flocknote.com/pack766

HOPE CORNER

Mental Health Ministry

Hope Corner is a free mental health ministry committed to reducing stigma and instilling hope. It provides stress management and wellness tips, screenings, information, support, faith, and community resources.

Contact:

Becky Kusick, hopecornerministry@gmail.com

MISSION IS POSSIBLE

Evangelization ministry bringing souls to Christ

We take evangelization to the streets, going door to door, inviting people to know Jesus, sharing the Good News of our Catholic faith, and bringing souls to Christ!

Contact:

Terri Brown, terber7779@gmail.com

Flocknote: nool.flocknote.com/mip

KNIGHTS OF COLUMBUS

Fellowship and Volunteer Opportunities for Men

The Knights of Columbus offer fellowship and volunteer services to the parish and broader community. The Knights meet at Nativity on the first and third Thursdays of the month at 7:00pm.

Contact:

Tony Anderson, traenter@comcast.net

Flocknote: nool.flocknote.com/koc

NORTH METRO CATHOLIC SINGLES

Fellowship for Singles Over 50 Years Old

If you are single, divorced, or widowed, 50+ years old, and looking for active friendships, we are your group. We meet often and offer Mass, confession, speakers, dances, service, retreats, field trips, and more.

Contact:

Sue Klemoff, 303-465-1593

TOTUS TUUS

Catechetical Program for Students in Grades 1-12

Totus Tuus is a week-long summer program for children and teens. Eight college-aged students engage participants in the beauty of their Catholic faith through fun, energetic, and meaningful ways.

Contact:

Diane Irby, d.irby@nool.us

Flocknote:

Grades 1-6: nool.flocknote.com/ttday

Grades 7-12: nool.flocknote.com/ttnight

MASS TIMES

MONDAY–FRIDAY

7:00 am & 9:30 am

SATURDAY

9:30 am

SATURDAY/Anticipatory MASS

4:30 pm

SUNDAY

7:30 am, 9:30 am, 11:30 am, 5:00 pm

Livestream Mass: Every day at 9:30 am

CONFESSION

THURSDAY

5:00–6:00 pm

SATURDAY

8:00–9:30 am

3:00–4:30 pm

SUNDAY

30 minutes prior to Mass

EUCCHARISTIC ADORATION AT NATIVITY

IN THE CHURCH:

EVERY THURSDAY

12:00–6:00 pm

WITH SOLEMN HOLY HOUR

5:00–6:00 pm with Confession and Vespers

Benediction: 5:55 pm

IN THE CHAPEL:

Open for walk-ins

MONDAY–FRIDAY

8:00 am–5:00 pm

PERPETUAL ADORATION

We are working toward our goal of perpetual adoration, 24 hours a day, seven days a week. Please, visit www.nool.us to find the adoration sign up link, or scan the **QR** code to view available hours and to sign up for adoration.



www.nool.us